Alan Nevin Economic Research Group GAFCON

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"MEDS" AND "EDS"

Renowned Urban Planner and UC San Diego Faculty member Bill Fulton recently developed an extensive analysis of the major U.S. metropolises whose economies heavily rely on employment in Health Care and Education i.e.: **Meds** and **Eds**.

The exhibit below notes the major educational institutions and major hospitals that define the economies of the Cities. Note that all ten are clustered in the northeast United States. There is obviously a correlation between climatic conditions and the top ten, but it is more likely that we can look to the age of these metropolises in terms of when they, were initially developed. Most had their beginnings in the 1700's.

Ten Largest Cities Most Dependent on "Meds" and Eds' 2025

Rank	City	Major School	Major Hospital
1	Rochester	Univ. of Rochester	Mayo
2	Pittsburgh	Pitt	UPMC
3	Philadelphia	U of P	Temple, Penn
4	Cleveland	Case Western	Cleveland Clinic
5	Syracuse	Syracuse	St. Louis
6	Baltimore	Hopkins	Hopkins
7	New Haven	Yale	Yale New Haven
8	St. Louis	Washington	St. Lukes
9	Providence	Brown	Miriam Hospital
10	Buffalo	Buffalo State	St. Joseph

Source: Bill Fulton GAFCON 8.30.2025

As I look at San Diego, it is also subject to the "Med" and "Eds" syndrome. The reality is that if it were not for the military, our County would fit nicely in the Fulton "Med" and "Ed" scenario.

Obviously, the military dominates the San Diego economy with 150,000+ personnel in addition to its expenditures for military hardware:

Military Employment San Diego County

Branch	No. Employees		
Navy	62,615		
Marines	42,687		
Civililan	30,279		
Reserve	6,235		
Medical	4,827		
VA	3,919		
Coast Guard	898		

Total Direct 151,460

Source; Rady School of Management & SDMAC

Including the military hardware, the U.S. Department of Defense spending is equal to 20% of the County's gross expenditures.

Let's turn now to the "meds" and "eds" in San Diego County:

There are more than 100,000 students enrolled in the dozen universities in San Diego County. Of the dozen, there are three that dominate the university enrollment: University of California San Diego, San Diego State University and California State University at San Marcos. Combined, the three have 100,000 enrollment.

UC San Diego leads with way with 44,000 students. This year, UC San Diego had 156,000 applications. San Diego State University, with 39,000 enrollment had 116,000 applications. And Cal State San Marcos, newly created in 1980, had 15,000 students.

The other nine universities have a total of approximately 20,000 students. The three largest of these institutions are National University, University of San Diego and Pt. Loma Nazarene College. The newest of the universities is John Paul the Great Catholic University, founded in 2006, based in Escondido and with a current enrollment of 300 students.

Three of the universities are religiously affiliated:

Prominent Religiously Affiliated Universities San Diego County

		Current	
School	Established	Enrollment	Faculty
Pt. Loma Nazarene College	1902	3,158	100+
John Paul the Great Catholic Univ.	2006	300	55
University of San Diego	1949	5,726	440
Full Curriculum		9,184	600+

The Construction Activity - Public Universities

All three public universities have substantial construction activity either planned or under way.

Leading the pact is **UC San Diego** with activity on two campuses: La Jolla and Hillcrest. At the main campus in La Jolla, they are now completing Ridgewalk North Living and Learning, a high-rise with 2,400 beds and accompanying classrooms. Under construction is the 290,000 square foot Triton Center (student center). And in planning is the Pepper Canyon East Living and Learning Center with 6,000 beds.

On the 60-acre UCSD Hillcrest property, construction is now complete on the 250,000 square foot McGrath outpatient pavilion. Yet to come, replacement of the aging Hospital as well as the addition of high-rise residential buildings.

SDSU is no laggard either. They are in the initial stages of developing SDSU West, a 120-acre property that will contain extensive market-rate residential and commercial activity as well as classroom and dormitories. To date, the 35,000 seat Snapdragon stadium has been completed and ground has been broken for an Avalon Bay 621 unit market-rate apartment complex and a 182 unit affordable project by Chelsea.

On the main SDSU campus at the north end of 55th Street, SDSU has recently announced a 7-tower complex with a total of 4,500 beds.

Not to be outdone, Cal State San Marcos has underway a seven story dormitory with 555 beds and a 70,000 square foot science and engineering building opening in summary 2027.

Overall, the "meds" and the "eds" and the military comprise a substantial component of the San Diego County economy and account for the County's long-term economic stability.